

HOPE HEALTHCARE

# Rainbow Trails Family Day Camp

Saturday, February 10, 2018

Alliance for the Arts, Fort Myers



## Healing Young Hearts

For more than two decades, Hope has offered *Rainbow Trails Camp* to children who have experienced the loss of a loved one. Families can attend the camp at no cost, to learn how to cope with the complex feelings of grief.

Children often struggle to understand their emotions and cannot always articulate and verbalize their feelings. This is why, within the fun camp games, there are activities designed by our specialized counselors to carefully reveal a child's emotions. It is at this moment the healing can begin.

## A Place to Share

Hope's *Rainbow Trails Family Day Camp* is designed for any youth, ages 6-17, and their parent/guardian, who have experienced the loss of a loved one during the past year.

The goal of *Rainbow Trails* is to provide:

- An understanding of the grief process
- Skills to cope with grief and loss
- An opportunity to memorialize and say goodbye to loved ones

## To Attend

Complete a camp application no later than **February 2** (online at [www.HopeHCS.org/RainbowTrailsCamp](http://www.HopeHCS.org/RainbowTrailsCamp)). After review you will receive confirmation that a reservation is held for you and your camper(s). *Please let us know in advance if plans change so families on the waiting list may be enrolled.*

A parent/guardian must accompany the camper(s). Camp time is 9 am to 5 pm, a light breakfast and lunch will be provided. Parking is free. The camp itinerary includes creative, stress-reducing activities including crafts, music and art. While Rainbow Trails may have a serious purpose, families will have plenty of fun.

## Contact Us

Compassionate support is available to every grieving child and their parent/guardian. Here's how you can learn more:

- Call 800-835-1673 and reference Rainbow Trails Camp
- E-mail [Kay.Kelly@HopeHCS.org](mailto:Kay.Kelly@HopeHCS.org)
- Visit [www.HopeHCS.org/RainbowTrailsCamp](http://www.HopeHCS.org/RainbowTrailsCamp)

Toll-Free 800.835.1673  
[www.HopeHCS.org](http://www.HopeHCS.org)



*Hope is able to offer life-changing programs to children and families through the generous support of our local community.*