

HOPE HEALTHCARE

# Rainbow Trails Camp

2019: Friday, April 5 through Sunday, April 7  
Riverside Retreat, 7305 County Rd 78  
LaBelle, Florida



## Volunteering at Rainbow Trails Camp

Application deadline: February 15

### Helping at Camp

*Rainbow Trails* is a weekend grief camp for children ages 6-17 and is provided at no charge. For over 25 years this incredible camp has changed lives and helped grieving children cope with the recent loss of their loved ones. While camp has a serious purpose, it also includes a lot of fun activities including swimming, singing, crafts and the great outdoors.

Volunteers are an important part of our camp. Working under the direction of our professional team, adults aged 18 and over can apply to help at camp. Guidance and training are provided. Volunteers help in many areas including:

- chaperone/buddy/room monitor
- recreation activities
- pre-and post-camp registration and reception
- on-site medication/first aid nurses
- kitchen staff
- safety and security

Roles are assigned to volunteers based on need and experience. Some camp volunteer roles require two overnight stays; others require only day/evening participation on the weekend. All camp volunteers must attend an orientation and training session(s) provided by Hope's camp director and bereavement counselors (dinner is served during sessions) prior to camp.

### Healing Young Hearts

For more than two decades, Hope has offered *Rainbow Trails Camp* to children who have experienced the loss of a loved one. Each child attends the camp at no cost, to learn how to cope with the complex feelings of grief.

Children often struggle to understand their emotions and cannot always articulate and verbalize their feelings. This is why, within the fun camp games, there are activities designed by our specialized counselors to carefully reveal a child's emotions. It is at this moment the healing can begin.

### A Place to Share

Hope's annual *Rainbow Trails Camp* is designed for any youth, ages 6-17, who have experienced the loss of a loved one during the past year.

The goal of *Rainbow Trails Camp* is to provide:

- An understanding of the grief process
- Skills to cope with grief and loss
- An opportunity to memorialize and say goodbye to loved ones
- A safe weekend camp experience

### Learn More

Here's how you can learn more about our Rainbow Trails Camp:

- Call 800-835-1673, reference Rainbow Trails Camp or Michelle Milita
- E-mail [Kay.Kelly@HopeHCS.org](mailto:Kay.Kelly@HopeHCS.org)
- Visit [www.HopeHCS.org/RainbowTrailsCamp](http://www.HopeHCS.org/RainbowTrailsCamp)



Toll-Free 800.835.1673  
[www.HopeHCS.org](http://www.HopeHCS.org)